

Contents

Preface	9
Acknowledgements	15
Introduction	17

Part 1—My life's path

1- My childhood and my adolescence.....	21
2- My rebellion.....	33
3- The path towards my truth.....	39
4- Discovering my Occulted Memories.....	43
5- My opening to the invisible world.....	47
6- Meeting with my masculine mirror	51
7- Love that transforms	59

Part 2—The Teachings

8- Relationship between men and women	75
9- Soulmates	81
10- The road towards the Self	87
11- Sharing and Light	91
12- Reliving Childbirth.....	97
13- To love yourself	101
14- Love in everyday life	111
15- Experiences required for your evolution	115
16- Evolution and Emotions: The human body's energetic biology	121
17- Divine intuition.....	133
18- Feminine energy and the heart	143
19- Fusion of the soul.....	147

20-	The three first chakra.....	157
	Exercises #1 to #7.....	165
21-	Mission and life curriculum.....	173
22-	Gifts and talents	183
	Exercises #8.....	191
23-	Crossroads.....	193
24-	The strength of your thoughts.....	199
	Exercises #9.....	208
25-	Power.....	209

Part 3—Integrating the Archangelic teachings in my life

26-	My life as a mirror of my inner self.....	221
27-	The hidden aspects of medium state.....	231
28-	Broadening my consciousness level.....	237
29-	Acknowledging who I am.....	243
30-	Recreating my life with the help of the Divine Source within myself.....	249